



FLUORIDATION

PROVEN

PREVENTION

PROTECTION

- Marin families have been receiving the benefits of fluoridation for generations. Residents in south and central Marin receive fluoridated drinking water from Marin Municipal Water District (MMWD), which began fluoridation in 1973.
 - In fact, nearly 70% of Californians enjoy the benefits of water fluoridation, including the communities of San Francisco, the Peninsula and the East Bay.
 - Fluoridation is safe, effective and reduces tooth decay by 25 to 40%. Fluoridation benefits both children and adults, and is especially important for the most vulnerable populations in Marin.
 - Fluoridation products go through exactly the same safety testing and certification process as chlorination products and all others products used in drinking water.¹
 - More than 100 national and international health care or scientific organizations recognize the benefits of community water fluoridation, including the U.S. Centers for Disease Control and Prevention, the American Cancer Society, the World Health Organization, the American Academy of Pediatrics, the American Dental Association, and the American Medical Association.
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Resources:

- Marin County Dental Society at: www.mcidsweb.org
 - www.ilikemyteeth.org
 - www.cdc.gov/fluoridation
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¹ Since its founding in 1944, NSF International has been dedicated to protecting and improving human and environmental health on a global scale. As an independent, accredited organization, NSF tests, audits and certifies products and systems as well as provide education and risk management; <http://www.nsf.org/about-nsf/>.